



CPR Certification Information

The following will be required of your CPR certification:

1. Must be at minimum an Adult CPR course. Adult and Child is OK. BLS is OK.
2. Must contain a skills test. NO ONLINE ONLY certifications unless they provide equipment for you to try at home, i.e. CSUN SRC.
3. Must be from a credible organization such as the American Red Cross, American Heart Association, EMS Safety Services. If you are unsure, contact info@3winsfitness.com to verify.
4. Must be current throughout your involvement in the organization. If you have a certification that expires before the end of the semester, you will need to renew your certification BEFORE it expires in order to remain an active Instructor. If you are receiving academic internship credit, you will not be able to receive hours during this period.

The following are opportunities to obtain a CPR certification:

1. CSUN SRC is offering a online CPR, AED, and First Aid training done ONLINE with equipment provided for \$57: <https://www.csun.edu/src/services/cpr-aed-first-aid>
2. LA Career College is offering in-person CPR, AED, and First Aid training for \$55: <https://www.lacareercollege.com/classes-certifications/cpr-first-aid-aed/>
3. ACLS provide FREE CPR, AED, and First Aid training but seats are limited and this may only be viable for those who have an expiring cert. Seats are limited and are on a first come first serve basis. Registration online doesn't guarantee you a spot. You still need to arrive 30 minutes early from the start of class to enter and allow time to sign in. There is also an opportunity to enter without registering online if registered individuals do not show, but there is no guarantee. Certification cards will be provided at the end of class, upon successful completion of course requirements. <https://acls123.com/free-cpr-aed-first-aid-los-angeles/#loading>